

To send sunflowers in good condition, choose fresh stems, arrange delivery for a day someone can receive them, and ask how the flowers will be packed. Once they arrive, getting the stems into clean water promptly gives them a good start.

Choose flowers and delivery with care

Ask the florist or seller how the sunflowers are sourced and how soon they will be delivered after arranging. Look for a clear delivery date and a way to contact the seller if the flowers arrive damaged. If you are ordering online, check the delivery area and the terms for reporting a problem before you pay.

Sunflowers with firm stems and healthy leaves are a sensible choice. Some heads may arrive partly open and continue to open in water. Very droopy heads, slimy stems, or leaves that are already turning brown can be signs that flowers are past their best.

Think about the journey as well as the bouquet. A shorter trip can mean less time out of water and less exposure to heat or cold. Ask the seller how the stems will be kept hydrated and how the heads will be protected in transit. Large sunflower heads are heavy, so they need enough support to keep them from moving around in the package.

Weather matters. A box left on a sunny doorstep or in freezing conditions can suffer before anyone opens it. If temperatures are extreme, ask the seller what delivery options are available, or choose another day.

Make arrival easy for the recipient

Pick a day when someone is likely to be home, or send the flowers to a place where they can be accepted promptly. A quick message such as “Please keep an eye out for a delivery” preserves some of the surprise without leaving a box outside all afternoon.

Include a short care note with the flowers. These practical steps are easy to follow at a kitchen sink:

- Use a clean vase and fresh water.
- Remove leaves that would sit below the waterline.
- Trim the stems before placing them in the vase.
- Keep the arrangement away from direct sun and heat.
- Change the water regularly and clean the vase as needed.

If the flowers arrive in an arrangement, the recipient can check the water level and top it up. If they arrive wrapped, removing the packaging and putting the stems in water promptly will help. The vase should be sturdy enough to hold the weight of the heads without tipping.

Questions about sending sunflowers

Can sunflowers be sent in a mixed bouquet?

Yes. Ask how the arrangement will be supported, especially if it includes large sunflower heads among shorter or more delicate flowers.

What if nobody is home for delivery?

Check the seller’s policy in advance. You may be able to choose a different date or provide instructions for an appropriate place to leave the flowers.

What should the recipient do if the flowers arrive damaged?

They can photograph the flowers and packaging, then contact the seller promptly. Keep the order details handy and follow the seller’s instructions for reporting the issue.

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