

Darren Carter Hypnotherapy

Suite 13, Markham House, 20 Broad St, Wokingham RG40 1AH
07562 745 578

Anxiety Hypnotherapist | Wokingham, Berkshire

darrencarter.uk

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Hypnotherapy Wokingham Town Centre Darren Carter Suite 13 Wokingham town centre is the home of Darren Carter Hypnotherapy, with the practice located at Suite 13 Markham House on Broad Street, in the heart of the town and easily accessible for clients throughout the Wokingham Borough and surrounding Berkshire communities. The central location makes the practice convenient for adults from Wokingham, Winnersh, Sindlesham, Twyford, Hurst, and the villages and communities that surround the town, while the availability [Darren Carter anxiety hypnotherapist Berkshire](#) of online sessions extends Darren's reach to clients across the UK. The Wokingham practice is a private, professional clinical environment where clients can feel confident of both discretion and high-quality care. Every session takes place in a confidential setting, and Darren's approach is consistently described in reviews as warm and professional in equal measure. Clients frequently note that they felt at ease from the moment they arrived, and that the combination of professionalism and genuine human warmth made them feel comfortable discussing difficulties they may not have shared with anyone before. The Wokingham community includes a broad cross-section of adults in terms of age, professional background, and the nature of the difficulties they bring to therapy. Darren's clinical range means he is equally well placed to work

with a professional dealing with work-related anxiety, a young adult struggling with social confidence, someone looking to stop smoking, or a person working to recover from addiction.

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Suite 13 Markham House, 20 Broad Street, Wokingham RG40 1AH is Darren Carter's clinic. To arrange an appointment or to ask any questions about the practice, call 07562 745 578.