

Walk into a good Las Vegas spa on a Saturday and you will see something beauty magazines rarely show. Women in their 50s, 60s, even their 70s, sipping water, filling out intake forms, and calmly checking the box that says: Brazilian.

It is not about chasing youth. It is about comfort, control, and the quiet thrill of deciding that your body at 60, 70, or 80 is still allowed to feel sensual, polished, and completely yours.

This is a practical guide written with you in mind if you are older, discerning, and a little curious about Brazilian waxing in Las Vegas. No judgment, no cutesy slogans. Just clear information, a bit of lived experience from the treatment room, and a reminder that you are allowed to choose exactly how much hair you keep.

What is included in a Brazilian wax, really?

Salons use the term Brazilian loosely, which can be confusing the first time you book. In professional practice, when clients ask what is included in a Brazilian wax, this is what they usually mean.

A classic Brazilian removes hair:

- From the front pubic mound
- Along the bikini line and into the labia region
- Along the perineum
- Between the cheeks on the buttocks

In other words, it takes you from the top of the pubic area all the way back between the buttocks. When you hear people ask how far down does a Brazilian wax go, the answer is usually: as far as your hair naturally grows in that genital and perianal region, unless you request otherwise.

What is a full Brazilian wax vs variations?

A full Brazilian wax typically means everything is removed, including:

- The pubic mound
- The labia area
- The hair around the anus

Some clients prefer a small strip or triangle left in front. Salons may call this a “landing strip”, a French style, or a modified Brazilian. That is where some confusion with the term French pubic hair style comes in.

In a traditional French-style wax, hair is removed from the labia and most of the mound, but usually not between the cheeks. A lot of American salons blur the names, but typically:

- Brazilian: front, labia, and back
- French: front and labia, little or no work in the back

The French pubic hair trend for older women often means leaving a soft, well groomed triangle on the mound and keeping everything else smooth. It can feel less “bare” but still extremely tidy.

If a salon uses letters like “V” and “P” on its menu, those often stand for specific pattern options: V for a narrow triangle, P for a thin strip. The exact meaning varies by brand, so always ask. A high end spa will happily sketch or describe placement before they touch a single strip of wax.

What do gynecologists think about pubic hair and Brazilian waxing?

Gynecologists generally care about function and health more than style. When patients ask what do gynecologists think about pubic hair, most emphasize that hair itself is not dirty and exists for a reason: it offers a bit of protection against friction and helps trap sweat and bacteria away from the most delicate skin.

On the question do gynecologists recommend Brazilian wax or do gynecologists recommend waxing at all, the honest answer is: most do not “recommend” routine complete removal as a medical necessity. They usually describe it as a personal choice with pros and cons:

- Potential benefits: easier to inspect skin, some people feel cleaner or more comfortable with less hair, especially in hot climates like Las Vegas.
- Potential downsides: irritation, micro cuts, increased risk of infection if sanitation at the salon is poor, ingrown hairs.

A responsible gynecologist will help you make an informed decision and may suggest moderation. If you already struggle with recurrent infections, very sensitive skin, diabetes, or immune issues, it is worth getting a personalized medical opinion before going fully bare.

You are never obligated to remove pubic hair for medical visits. If you ever wonder, can I refuse a doctor to look at my privates during a physical, you always have the right to decline any exam or ask for a chaperone, or ask why something is needed. Hair or no hair, your body is still your decision.

Should a 60 year old woman get a Brazilian wax?

If you are asking this, the more important question is: do you want to?

From an esthetician’s point of view, there is nothing inherently inappropriate about a Brazilian on a 60, 70, or 80 year old woman. I have waxed women who came in with white hair, walkers, and a sharper sense of humor than anyone in the room. Some were newly single and wanted a fresh start. Some had been waxing for decades. Some simply disliked the feel of sweat and hair together in the Las Vegas heat.

What happens if you never shave your pubic hair as a woman? Medically, usually nothing dramatic. Hair will grow as it wants. You may notice stronger odor if sweat lingers and you do not wash the folds carefully. You may also notice that as estrogen drops, the skin becomes thinner and more fragile, [Brazilian Waxing Las Vegas \[soswaxlv.com\]\(http://BrazilianWaxingLasVegas.com\)](http://BrazilianWaxingLasVegas.com) which can make grooming irritation more noticeable, whether shaving or waxing.

So, should a 60 year old woman get a Brazilian wax? Only if it fits your comfort, your health, and your sense of self. You are not “too old.” You are not obliged either. Both a full bush and a full Brazilian can be elegant, provided they are chosen, not suffered.

Waxing vs shaving: which is better as you age?

When clients ask is it better to wax or shave, I remind them that each has its place, especially for older skin.

Shaving is quick, cheap, and familiar. It also blunt-cuts the hair, which grows back with sharp tips that can feel prickly. On more fragile, postmenopausal skin, daily or near daily shaving can cause chronic irritation, razor burn, and a lingering rash that never quite settles.

Waxing removes hair from the root. Hair returns softer and finer over time, and usually more slowly, often in 3 to 6 weeks. However, waxing is more intense in the moment and has its own risks: redness, folliculitis, ingrowns, or minor bruising if the skin is thin or medication has made you more fragile.

What are two downsides of waxing in practical terms for older women? First, the immediate pain and potential for temporary lifting of the skin if the waxer is careless or if you are taking blood thinners or retinoids. Second, the fact that you must grow the hair out to a certain length before each session, which means periods of stubble you might dislike.

If you want the ultra smooth look year round and salon visits do not appeal long term, you can ask about laser hair reduction as a complement. That is how many models have no pubic hair: a mix of waxing, laser, meticulous photo editing, and strategic styling. Magazine images are not a realistic standard for daily life, especially over 60.

Pain, timing, and your very first Brazilian

The most common questions from older first timers sound exactly like younger ones: how painful is a first time Brazilian wax, how long does a first Brazilian wax take, and what is the most painful body part to wax.

Pain is subjective, but I can give realistic ranges. For most healthy women, a first Brazilian feels like a strong stinging pull that drops to a warm tingle within seconds. The first few strips, especially on the pubic mound where the hair is dense, can reach an 8 out of 10. By the time the esthetician moves to the labia, your nervous system is already adapting, and the sensation often drops to a 5 or 6. Between the cheeks is often surprisingly mild, more strange than sharp.

For older women, especially postmenopausal, the labial skin can be thinner and more sensitive. A skilled waxer will adjust, work in smaller sections, and change wax types. Hard wax is often kinder to mature skin.

A first Brazilian typically takes 20 to 40 minutes in a seasoned Las Vegas spa. If you are very nervous or very hairy from never having waxed, it could run longer, but you are rarely on the table for more than an hour, including prep and aftercare instructions.

Is 4 weeks long enough between waxes? For most clients, yes. Estheticians usually recommend returning every 4 to 6 weeks. If your hair grows slowly with age, closer to 6 weeks may be more comfortable. What is the best length to get a Brazilian wax? Aim for about 6 to 10 millimeters, roughly the length of a grain of rice. Too short, and the wax cannot grip. Too long, and the pull feels sharper than necessary.

What not to do before a Brazilian wax for the first time

Here is a concise pre wax plan that I give nervous first timers in Las Vegas:

- Avoid heavy exfoliation, retinoids, or acids in the bikini area for 5 to 7 days beforehand so the skin is not over sensitized.
- Skip tanning beds and sunbathing for several days before. Tanned or sunburned skin lifts more easily.
- Do not trim the hair too aggressively. If in doubt, leave it. Your esthetician can trim.
- Go easy on caffeine and alcohol the day of your appointment. Both can heighten sensitivity.
- Take an over the counter pain reliever about 30 minutes before, if your doctor allows it, to take the edge off.

What should I wear for a Brazilian wax? Choose loose, breathable clothing. Soft cotton panties or none at all under a flowy dress or relaxed pants are ideal. Tight leggings, synthetic underwear, or shapewear will trap heat and friction against freshly waxed skin.

Spotting, infections, and when not to get a Brazilian wax

Menopause can make cycles irregular. Sometimes a client will ask, can I do Brazilian wax even when I start seeing spotting in Lay Bare or another chain. Light spotting from hormonal shifts is not a strict medical contraindication,

but it does make the area more sensitive and can increase your own discomfort.

You absolutely should not get a Brazilian wax when:

- You have an active infection, such as herpes outbreak, open sores, or untreated yeast or bacterial vaginosis.
- You have a current skin rash, severe itching, or unexplained lesions.
- You have had recent surgery or cosmetic procedures in the area and are not fully healed.

If you are on blood thinners, undergoing chemotherapy, or living with diabetes or immune compromise, discuss waxing with your healthcare provider first. The risk is not just bruising, but slower healing and infection.

Can you catch HPV from waxing? Direct transmission of HPV through waxing tools is considered unlikely if proper hygiene is followed, but it is not impossible in theory. The higher, more realistic risks from poor salon hygiene are bacterial infections or folliculitis. Look for a spa that never double dips wooden sticks into wax, uses gloves, and disinfects surfaces carefully between clients.



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What happens during the service, and some awkward questions you might be too polite to ask

Let us address the slightly awkward questions that women whisper in the hallway while filling out intake forms.

Do you get wet during Brazilian waxing? Arousal is not the intention, but the genital area is full of blood vessels and nerve endings. Occasionally, increased blood flow, warmth, and anxiety can cause natural lubrication. It is not something professionals are surprised by or offended by, and it settles quickly. It says nothing about your character.

Do guys get hard at wax manzilian appointments? Sometimes, yes, simply because of involuntary physiology. A professional esthetician treats it clinically: continue working, maintain neutral conversation, and pause if the client seems uncomfortable. Any sexual behavior, on either side, is absolutely not appropriate.

Do estheticians give happy endings? In a legitimate spa, no. Waxing is a cosmetic service, not a sexual one. If a provider hints otherwise, leave and, if you feel comfortable, let management know.

Can you get fingered straight after a wax, or have any genital contact right away? Waxes create micro openings in the follicle. Add friction, saliva, fluids, or shared skin contact, and you raise your risk of irritation or infection. Which brings us to aftercare.

The 24 and 48 hour rules, the 5 S's, and walking out into the Vegas heat

You will hear professionals mention a 24 hour rule after waxing or even a 48 hour rule for waxing. Think of the first day as your skin's recovery window, and the second as a buffer if you know you are sensitive or postmenopausal.

The classic 5 S's after waxing are a simple way to remember what to avoid:

- **Sweat:** Avoid intense workouts or saunas for 24 hours. Light movement like a gentle walk is usually fine, so yes, you can go for a walk after a Brazilian wax as long as clothing is loose and the temperature is not extreme.
- **Sex:** Skip intercourse, fingering, and oral contact for at least 24 hours to reduce friction and infection risk.
- **Sun:** Keep the area out of direct sunlight and tanning beds for 24 to 48 hours to avoid hyperpigmentation and irritation.
- **Scented products:** No fragranced washes, lotions, or sprays near the area for at least a day. Mild, unscented products only.
- **Scratching or scrubbing:** Hold off on heavy exfoliation for a couple of days. Pat dry, do not rub.

Las Vegas's dry heat can be harsh, so I often tell older women to treat their freshly waxed bikini area as they would a delicate silk blouse. Gentle washing, patting, and protection will keep it pristine longer.

Odor, "old lady smell", and why things can feel different after waxing

Many women worry privately about odor. Some even ask, half embarrassed, what is the old lady's smell called and is it related to hair. There is no official medical term for "old lady smell" in the vulvar region. What you might perceive as a change with age is usually a blend of hormonal shifts, vaginal pH changes, drier skin, and sometimes medication.

Why do I smell after Brazilian wax? There are a few common reasons:

Without hair to absorb sweat, moisture and sebum sit directly on skin. You might notice odor faster, not because you are dirtier, but because there is no hair to buffer it. If the wax irritated the skin or removed a microscopic layer of protective barrier, your normal flora can shift a bit while it heals, leading to a slightly different scent for a few days.

If you had a Brazilian butt lift procedure and notice odor, you might wonder why would a Brazilian butt lift stink. In that case, you are dealing with surgical swelling, compression garments, and modified circulation. Sweat and bacteria trapped under tight garments can ferment. That is a post surgical hygiene issue, not a waxing one, and should be managed closely with your surgeon's guidance.

What ethnicity has the least body odor is a question that floats around beauty forums, but the science is more nuanced. Certain genetic variants related to sweat composition are more or less common in different populations, but personal hygiene, diet, health, and climate matter more in daily life. It is more productive to focus on personalized hygiene for your body than to compare ethnic averages that do not tell your individual story.

French girls, Brazilian women, Amish women, Las Vegas retirees: body odor is human. Good washing habits, breathable fabrics, and balanced grooming matter far more than any single style choice.

How to soothe a vulva after waxing

Older skin tends to complain a little louder, but it also responds beautifully to the right care. If you are wondering how to soothe a vag after waxing, think in terms of calming and protecting.

Cool compresses made with clean, soft cloths can reduce redness. A thin layer of fragrance free aloe gel or a post wax product recommended by your esthetician can help. Avoid petroleum heavy ointments that trap heat, unless your provider advises otherwise.

Sleep in loose cotton underwear or go without for the first night. Keep showers lukewarm. If you see scattered red bumps that itch or feel hot, you may be dealing with folliculitis or an allergic reaction. If it worsens over 48 hours, bring in a professional: your waxing spa for a visual check, or your doctor if you suspect infection.

Culture, religion, and “what men like” questions

Pubic hair is never just about hair. It reflects culture, religion, and the stories we tell ourselves about desirability.

Do Amish girls shave their pubic hair, what does an Amish woman do on her wedding night, or what do Amish use instead of toilet paper are questions that tend to come from curiosity about communities that value modesty. The truth is that Amish practices vary by community and family. Some may use simple unscented products and conventional toilet paper. Others may have different traditions. Because Amish communities are private and diverse, it is more respectful to avoid sweeping claims or assumptions about their intimate grooming.

In Islam, grooming is addressed more explicitly. Many scholars agree that spouses are permitted to help each other with intimate grooming. So if you ask, can husband shave wife private parts in Islam, the general scholarly view is that it is allowed as a form of mutual care and intimacy, but interpretation can vary by school and local teaching. For religious guidance tied to your specific beliefs, a trusted scholar or imam is always a better resource than a beauty professional.

Then there is the perennial question: do guys like when a girl gets a Brazilian wax or do men prefer pubic hair or bare hair, what do Brazilian men like in a woman physically. There is no universal male preference. Some men adore a completely bare look. Others find a neatly groomed triangle more sensual and mature. Still others prefer natural hair. Those preferences can shift with age, culture, and relationship. The only sustainable grooming choice is the one that feels comfortable and confident to you.

If a partner insists on a style that hurts your skin or contradicts your values, the problem is not your hair.

Can you catch HPV, can you refuse exams, and how safe is the salon?

We touched on infections briefly, but older women often have a sharper sense of risk, and rightly so.

Can you catch HPV from waxing is a reasonable concern. HPV primarily spreads through intimate skin to skin contact, not casual surfaces. That said, any practice that breaks the skin and involves shared tools carries a slim

theoretical risk if hygiene is poor. Focus less on panicking about HPV and more on choosing a meticulous provider: no double dipping of wax sticks, disposable bed paper, gloves, and proper disinfection.

It is also fine to set boundaries with medical providers about grooming. You never need to wax or shave for a gynecological exam. And yes, you can refuse a doctor to look at your privates during a physical, though that may limit what they can diagnose. Clear communication is key. You might say, "I am not comfortable with a pelvic exam today. Can we focus on other concerns and revisit this later?"

Do most girls wax or shave, and where do older women fit into trends?

Beauty marketing makes it sound like everyone else is doing the same thing. The reality is varied.

A promotional graphic for SOS WAX Skincare Services in Las Vegas. The graphic has a red border. On the left, there is a red hexagon with 'SOS WAX' in white, followed by 'SKINCARE SERVICES LAS VEGAS' in large black letters. Below this, it says 'SOS WAX And Skincare' in bold, followed by the address '7875 Blue Diamond Rd Suite 106, Las Vegas, NV 89178', the phone number '725 238-1767', and the website 'https://soswaxlv.com/facials/'. On the right, there is a photograph of a woman lying down with her eyes closed, receiving a facial treatment from a person wearing gloves. Below the photo is a QR code.

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Do most girls get a Brazilian wax or do most girls wax or shave? Surveys from different countries show that shaving is still more common overall, especially in younger women and for daily maintenance. Brazilian waxing is popular in urban centers like Las Vegas, but it is one option among many. Some women maintain a simple bikini line trim. Some go fully bare. Some stop removing hair entirely as they age and feel liberated by it.

Do French girls shave their pubic hair, did Marilyn Monroe bleach her pubic hair, or other celebrity cultural questions tell us more about fantasies than facts. While there are stories that Monroe lightened her pubic hair to match her blonde image, documentation is anecdotal at best. What matters more is how those myths shaped generations of expectations.

If you have gone decades assuming you must be bare to be desirable, it can be quietly radical at 65 to decide exactly how you want to look and feel, independent of what is currently trending in Paris or Los Angeles.

Final thoughts: luxury as self possession

Luxury, at its best, is not about price. It is about discretion, comfort, and feeling beautifully in charge of your own body.



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For some older women in Las Vegas, that might mean a regular full Brazilian wax at a spa where the esthetician remembers your name, your sensitivities, and the fact that you prefer a small French style triangle left in front. For others, it might mean a soft trim at home, perhaps with a partner's help, and a decision to let your silver pubic hair exist in peace.

Whether you are curious about what is a full Brazilian wax or quietly wondering why do I smell after Brazilian wax and how to adjust, you deserve honest answers and respectful care. Your age does not disqualify you from grooming choices that feel sensual, modern, and entirely your own.