

How is a poor doer horse?

A **poor doer** is a horse that has trouble keeping healthy weight and condition even when it appears to be eating enough. The core issue is often a mismatch between **calorie intake** and the horse's needs, which can be affected by workload, age, temperament, health, and its naturally higher **metabolic rate**. Some poor doers burn fuel quickly, while others may have a lower appetite, weaker digestion, or trouble using feed efficiently.

The easiest way to judge condition is by using a **body condition score** alongside regular weight checks and a close look at **rib coverage**, topline, and overall **muscle tone**. A horse that is dropping weight, looks tucked up, or has poor cover over the ribs and rump may need a different feeding approach. Ongoing **weight loss** should never be ignored, because it can signal that the feeding plan, turnout, workload, or health status needs to change.

Not every lean horse is a poor doer. Some are simply in **maintenance**, while others need more concentrated nutrition to support **condition** and **weight gain**. Before changing any **horse feed**, it helps to understand whether the problem is not enough forage, too little energy, poor **digestive health**, or a medical issue.

How should you feed a poor doer horse?

The ideal **horse feed** for a poor doer is usually a diet that follows a **forage-first** routine, is highly palatable, and delivers enough usable energy without overloading the gut with starch. In practical terms, that often means combining quality **forage** with a suitable **complete horse feed**, a **high fibre feed**, or a mix of both depending on the horse's needs.

There are many **types of horse feed**, but poor doers usually do best with energy that is more **digestible fibre** and oil-based rather than heavy on cereal. This helps provide **slow release energy** and supports **gut health** and steady intake. A feed with moderate **sugar content** and controlled **starch** is often more suitable than a very rich mix that may upset digestion.

A sensible approach often includes:

- Generous amounts of **forage** from **hay** or **haylage**
- An appetising **complete horse feed** or balancer-based ration
- A fibre-based bucket feed with **chaff** for extra chew time and slow eating
- Additional energy where needed, usually from a controlled, energy-dense source

For many poor doers, the goal is not just more food, but better absorbed food. A well-chosen feed should support **calorie intake** without harming **digestive health**. If the horse is already getting enough forage, the next step is often a more targeted concentrate rather than simply increasing volume.

Which horse feed is most suitable for hard keepers?

There <http://markets.financialcontent.com/aleris/article/abnewswire-2026-7-24-with-half-of-britains-horses-overweight-bifid-launches-grain-free-low-sugar-feed-for-the-nations-good-doers/> is no single best solution for every horse, but the most effective options tend to come from established **horse feed companies** that offer feed designed for body condition, fitness, and appetite support. Products from brands such as **Spillers horse feed** are often considered because they include options for poor doers, good-doers, and horses needing condition

support. The label matters more than the brand name, though: always check the **feed label** for energy, fibre, starch, and sugar levels.

For many poor doers, the best practical choice is a feed that combines:

- **Condition cubes** for extra calories and condition support
- **Chaff** to improve chew time, palatability, and fibre content
- A **complete horse feed** if you want a more straightforward all-in-one ration
- A **feed balancer** if forage is good but the diet needs nutritional topping up

Condition cubes are helpful when you need more energy in a smaller volume. They can suit horses that struggle to eat large meals, provided the total ration is managed carefully. **Chaff** helps bulk out the bucket feed, encourages chewing, and can make a ration more appealing. A good high-fibre chaff can also support **digestive health**.

When choosing between products, think about the horse's workload, temperament, and appetite. A nervous horse may benefit from a fibre-led feed with lower starch and reliable **slow release energy**. A horse in harder work may need a more **energy-dense** formula, but the ration should still protect the gut and avoid sudden spikes in blood sugar.

How much horse feed should a poor doer get?

Feed quantities should be based on the horse's **bodyweight**, current **body condition score**, amount of work, and the amount and quality of forage already being eaten. A **horse feeding chart** is a practical starting point because it gives a rough guide for daily amounts, but it should not replace observation or professional advice. A **horse feed calculator UK** can also help estimate a starting ration, especially when paired with a weight tape and a condition assessment.

Generally, increase feed gradually and track whether the horse is improving in condition. For poor doers, **bucket feed** is often best used to supplement forage rather than replace it. Small, measured meals are more secure and more effective than large buckets once or twice a day. Feed rate matters because the gut can only handle so much at once.

General **horse feeding rules** suggest that forage should remain the base of the ration. Concentrates should support the diet, not dominate it. If the horse is getting plenty of hay or haylage but is still losing condition, then the bucket feed may need to become more energy-dense, more frequent, or better balanced.

Useful tips to keep in mind:

- Use a **horse feeding chart** as a guide, then adjust to condition
- Check whether the horse is actually eating all forage offered
- Split **bucket feed** into smaller meals if possible
- Raise calories gradually to support safe **weight gain**
- Review the ration after any workload or turnout change

Ten guidelines of horse feeding with bad condition

The following **10 feeding rules for horses** are a simple foundation for horses in low condition. They are founded on common **horse-feeding rules** and meant to support steady improvement without upsetting the digestive system.

- 1. Keep **forage** as the priority and ensure the horse has enough to eat all day long.
- 2. Select good-quality **hay** or **haylage**, picked for palatability and consistency.
- 3. Feed little and often rather than relying on large meals.
- 4. Offer **small frequent meals** to support the hindgut and support nutrient use.
- 5. Choose feeds that are fibre-led and supportive of **digestive health**.
- 6. Avoid dramatic changes in ration or **sudden change** in any feed component.
- 7. Check the horse's teeth, worm control, and general health if weight is not improving.
- 8. Match the ration to workload so the horse gets enough support for condition and exercise.
- 9. Use condition scoring, not guesswork, to judge progress.
- 10. Reassess the ration regularly and adjust slowly.

The aim is to support the horse with a steady intake of digestible calories, not to overwhelm the system. **Forage** should remain the base, and any added feed should improve nutrient balance without creating avoidable digestive stress.

How to select a feed plan: grazing feed, balancer, or blend?

The best feeding plan depends on whether your horse needs extra energy, more vitamins and minerals, or both. A useful place to start is with **forage analysis**, especially if the horse is eating a lot of hay or haylage but still not keeping weight. Knowing the real nutrient profile of your forage helps you decide whether to add a **feed balancer**, a concentrate, or a custom **horse feed mix recipe**.

A forage-plus-balancer plan is often ideal when forage intake is adequate but the overall nutrient balance is weak. A balancer can fill gaps in vitamins, minerals, and amino acids without adding much extra weight. This can be helpful for a horse that needs better **condition** and **muscle tone** but does not need much more feed volume.

A hard feed plan may suit horses that need more energy. In that case, a **hard feed** can add calories, especially when combined with chaff and forage. Some owners choose a simple blend using a **horse feed mix recipe** based on a fibre cube, chaff, and balancer. This can be a practical way to fine-tune calorie intake while keeping the ration practical.

Choose the plan that best fits the horse's appetite, body condition, and workload:

- **Forage plus balancer**: best for horses needing nutritional balance more than extra bulk
- **Forage plus hard feed**: suited to poor doers needing more energy and improved condition
- **Mixed bucket feed**: most useful when appetite is variable and you need to improve palatability

Whichever route you take, keep the diet regular enough to support gut function and avoid unnecessary **sudden change**.

How much does horse feed cost?

Horse feed cost can vary significantly depending on the product type, the quantity required, and whether you are using a balancer, cubes, chaff, or a premium complete ration. The real question is not just the bag price, but the **cost per day**. A costlier feed may actually be more economical if the horse needs a reduced quantity of it to maintain condition.

When planning a **feeding budget**, factor in the full ration, not only the concentrate. Roughage, bedding, supplements, and regular health care all impact total feeding costs. If a horse is a genuine poor doer, spending

more on a quality ration can be worthwhile if it improves **weight gain** and reduces waste.

Horse feed companies offer products at different price points. Some premium feeds, including those from **Spillers horse feed**, are formulated for specific needs and may cost more upfront. However, if they help the horse maintain better condition with less product, the daily cost may be manageable. A good way to compare options is to work out the daily feeding rate alongside the bag price and make sure the ration matches the horse's needs.

Horse feed for new owners: common mistakes to steer clear of

For anyone new to **horse feed for beginners**, the biggest mistake is frequently assuming that extra feed automatically means improved condition. This can cause **overfeeding** without addressing the actual cause. Poor doers need thoughtful ration planning, not just bigger meals.

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Another frequent mistake is overlooking **digestive health**. A horse that quickly gets richer feed may eat less comfortably, go off its feed, or develop runny droppings. Feeding should be introduced step by step, because a **sudden dietary change** can upset the hindgut and limit the benefits of the new ration.

People new to feeding also miss forage quality. If the horse is getting plenty of feed but poor-quality roughage, the diet may still be deficient. Others choose a concentrate that is too high in starch for the horse's disposition or workload, which can create ups and downs in energy rather than consistent progress. The aim is a balanced ration that helps maintain condition while respecting the horse's natural digestive design.

Can a horse feed quiz or calculator help?

Absolutely. A **what should I feed my horse quiz** or a **horse feed calculator UK** can be a good place to begin, especially if you are uncertain how to organize the ration. These tools usually look at age, weight, workload, current feed, and condition, then offer a feeding direction. They are not a substitute for an expert assessment, but they can help narrow down the options.

A good **feeding assessment** should include the horse's **body condition score**, appetite, turnout, exercise level, and any signs of discomfort or poor digestion. If a calculator recommends a ration that does not fit what you can see on the horse, rely on the horse in front of you and review the plan. The best tool is the one that helps you decide more effectively, not the one that gives a strict answer.

Use quizzes and calculators to inform your starting point, then observe the horse closely for changes in appetite, droppings, energy, and condition. Modifying the ration based on real-life response is the best proven approach.

When to seek horse feeding advice

You should seek **horse feed advice UK** if your horse is losing condition, is failing to improve despite a sensible ration, or has a history of little appetite, illness, or digestive upset. An experienced **equine nutritionist** can assist create a ration that matches forage quality, workload, and body condition. This is especially valuable for complex cases where a simple commercial feed is not enough.

Speak to a **veterinarian** if weight loss is not explained, rapid, or accompanied by changes in behaviour, droppings, drinking, or energy. Health issues, including **dental issues**, can make a horse appear to be a poor doer when the real problem is pain or poor chewing ability. Even the best **horse feed** will not work properly if the horse cannot eat and digest it comfortably.

If you have already attempted tried adjusting forage, switching concentrates, and improving feeding management without success, professional input is the next step. An expert can help review the horse's history, recommend the right **complete horse feed** or balancer, and suggest a more precise plan for safe **weight gain**.

FAQ

What horse feed is best for poor doers?

The best **horse feed** for poor doers is usually a fibre-led, palatable ration that supports **weight gain** without being too high in starch. Many horses do well on a **complete horse feed**, or a mix of **condition cubes**, **chaff**, and a **feed balancer**, alongside plenty of **forage**. The best choice depends on the horse's body condition score, workload, and appetite.

Should a poor doer horse have more hard feed or more forage?

Start with a greater amount of and better **forage**, because that is the foundation of the diet. If forage intake is already strong and the horse still needs help, add a suitable **hard feed** or calorie-dense bucket feed. The aim is to increase energy without compromising **digestive health**.

Is fully balanced horse feed enough for a hard keeper?

In some cases, yes. A solid **complete horse feed** can be adequate if the horse also has enough forage and the feeding rate is tailored to its needs. Sometimes, the horse may need extra **condition cubes**, more chaff, or a different ration to achieve enough calorie intake and support condition.

How do I know if my horse is a thin horse?

Assess the **body condition score**, rib coverage, topline, and whether the horse is losing **bodyweight** over time. A poor doer often needs more precise feeding to stop ongoing **weight loss**. If you are unsure, monitor changes in condition over several weeks rather than relying on appearance alone.

When should I ask for horse feeding advice for my horse?

Ask for **horse feed advice UK** if your horse keeps losing condition, refuses feed, has **dental issues**, or does not improve after a careful diet change. A **veterinarian** or **equine nutritionist** can help find the cause and design a feeding plan that supports health, performance, and safe condition improvement.